The mission of the Summer LIFE Experience program is to allow parents and individuals with developmental disabilities to discover the possibilities of living independently.

Summer LIFE Experience is a four-week residential program for young adults, 18 years of age or older, with developmental disabilities in a 4/4 apartment setting with peer mentor support person.

Participants obtain a “sneak preview” and crash course on living independently by:
- Receiving individualized support with a 1:5 staff to participant ratio
- Receiving customized training
- Developing friendships
- Enhancing decision-making skills

Summer LIFE Experience Program offers:
- **Social Emotional Skills:** Participants learn about team-building, social etiquette, conversation skills, personal boundaries, expressing and identifying emotions, nonverbal communication and stress management.

- **Leisure:** Participants learn how to occupy free time, plan social events, enhance time management skills, explore interests, develop hobbies and explore the community.

- **Daily Living Skills:** Participants learn about cooking, chores, medication management, hygiene seminars, budgeting, sewing, safety/emergency training, how to do household repairs, transportation training and decision-making.

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**Summer LIFE Experience 2020 Session Dates**

- **Session 1:**
  - May 31 - June 27, 2020

- **Session 2:**
  - June 28 - July 25, 2020

**Cost:**
$3,900/four week session, all inclusive (food, housing, transportation, etc.)
CDC+/MedWaiver Accepted

**For more information:**
Scan the QR code
Call: 904.620.3890
Email: LIFE@arcjacksonville.org
Visit: www.arcjacksonville.org