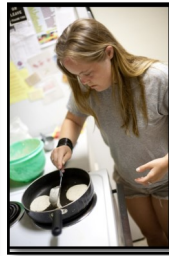
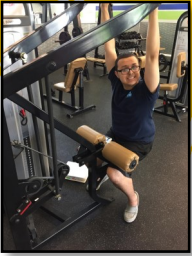




Summer LIFE Experience

Living Independently; Finding Enrichment



The mission of the Summer LIFE Experience program is to allow parents and individuals with developmental disabilities to discover the possibilities of living independently.

Summer LIFE Experience is a four-week residential program for young adults, 18 years of age or older, with developmental disabilities in a 4/4 apartment setting with peer mentor support person.

Participants obtain a “sneak preview” and crash course on living independently by:

- Receiving individualized support with a 1:5 staff to participant ratio
- Receiving customized training
- Developing friendships
- Enhancing decision-making skills

Summer LIFE Experience Program offers:

- Social Emotional Skills: Participants learn about team-building, social etiquette, conversation skills, personal boundaries, expressing and identifying emotions, nonverbal communication and stress management.
- Leisure: Participants learn how to occupy free time, plan social events, enhance time management skills, explore interests, develop hobbies and explore the community.
- Daily Living Skills: Participants learn about cooking, chores, medication management, hygiene seminars, budgeting, sewing, safety/emergency training, how to do household repairs, transportation training and decision-making.

Summer LIFE Experience 2019 Session Dates

Session 1:
June 2 – 29, 2019

Session 2:
June 30 – July 27, 2019

Cost:

\$3,900/four week session,
all inclusive (food, housing,
transportation, etc.)
CDC+/MedWaiver Accepted

For more information:

Scan the QR code
Call: 904.620.3890
Email: LIFE@arcjacksonville.org
Visit: www.arcjacksonville.org

